

# Treatment menu

## Facial treatments

### Sea Signature Face Lyx

Treat yourself to that extra. In this facial treatment your skin will receive all the luxury it deserves. For total relaxation, the treatment starts off with a deep relaxing back massage that lays the foundation for the entire treatment. This is followed by a deep cleansing, moisturizing cleansing and peeling adapted to your needs. The treatment continues with a luxurious face mask and an eye mask for the sensitive skin around the eyes. These masks give a firming, soothing and levelling result and a fantastic glow. Meanwhile the arms and hands will receive a wonderful massage for maximum relaxation. We finish with serum and moisturizer adapted to your needs.

Shaping of eyebrows is included if requested.

80 min. SEK 1695

### Sea Signature Relaxing Face

A nice, deep cleansing facial treatment that is adapted to your needs, where the skin receives both moisture and nutrition for maximum firmness and radiance. During the treatment cleansing, peeling and a face mask is combined. While the mask does its work, your arms and hands will get a wonderful massage for perfect relaxation. We finish with serum and moisturizer adapted to your needs.

50 min. SEK 995

In addition to this treatment you can treat yourself to a luxurious eye mask.

SEK 195

### Sea Signature Face Mini

Mini facial treatment with mild cleansing, peeling and face mask adapted to your needs. You will also receive a deep relaxing facial massage. The treatment finishes off with serum and moisturizer.

25 min. SEK 695

### Eye Fringe & Eyebrow Colouring incl. Shaping

45 min. SEK 495

### Eye Brow Colouring incl. Shaping

20 min. SEK 395



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# Body treatments

## Nova Park Signature Body Wrap

A luxurious body treatment that gives a muscle warming effect and deep cleansing with a clay for the whole body. The thermal water and Lithotanium algae found in the clay are rich in minerals and works good for pain in joints and muscles as well counteracting stress and increasing blood circulation. Kaolin clay also has a deep cleansing effect. For anyone who needs a deep cleansing and easy out cleansing treatment. Pamper yourself with this luxurious body treatment that ends with a lighter massage with adapted body cream for the whole body. The treatment also includes a drink that has a cleansing effect.

\*Not suitable for pregnant och breastfeeding women.

50 min. SEK 995

## Nova Park Signature Body Peeling

Deep-acting body scrub to remove dead skin cells and restore a soft, silky-smooth skin. This nice deep-acting body peeling removes dead skin cells and gives nutrition and glow to your skin. We finish with a lighter massage with an adapted body cream for the whole body.

50 min. SEK 995



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# Wellness massage

## Divine

When you want to treat yourself to the best the choice is simple. DIVINE is our royal massage treatment. Massage from head to toe with extra time for back, hands and feet before finishing with neck massage and deep relaxing scalp massage. Ayurvedic tea is included.

80 min. SEK 1695

## Nova Energy

Let the whole be involved. A full body massage treatment with focus on the back. The treatment gives you the opportunity to recover, rest and is well deserved gift to yourself or someone you like. Ayurvedic tea is included.

50 min. SEK 995

## Classic Swedish Massage

Full body massage. A deep massage that dissolves tensions and increases circulation throughout your body.

50 min. SEK 995

## Deep Relax

Massage for your back and neck that causes tension and fatigue and new energy is released. Your whole back is massaged with hot oil and the treatment is adapted to your body and your needs.

25 min. SEK 695

## Wings

Massage for your feet and legs that has an effect on your whole body. You will feel how you receive renewed strenght and a wonderful lightness in your legs. Suitable for the one who often feel heavy in the legs or pain the feet. The treatment finishes with a cooling gel.

25 min. SEK 695



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# Information

It is a nice feeling to be able to treat yourself to a treatment and do something for yourself. We want you to get the most out of your treatment. Before your treatment we ask you to think about the following:

- \* Arrive in good time before the treatment
- \* Treat yourself to unwind before for maximum effect
- \* Wear your bathrobe and slippers
- \* Do not bathe or shower at least 30 minutes after the treatment
- \* Drink a lot of water
- \* Enjoy

In our treatments we use Comfort Zone, products that are produced in Parma, Italy. Comfort Zone is a luxurious, high-quality skin care series. The products have been created with a large commitment to find the most active ingredients that will give the most effective results. Comfort Zone is a complete system that takes care of the skin, body and mind. We believe in working from the inside and out to improve people's conditions and treat the body as a whole. In a harmonious and relaxing atmosphere that we offer in our Water Lounge you get a unique experience combined with luxurious treatments with Comfort Zone in the core.

## Massage

In our massage treatments we use Ayurvedic tea and organic oils from the brand Lakshmi.



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